

Learn at the Lake: 2010 Advanced Courses

*****Participants must have completed a basic herbal course before attending these advanced courses*****

May 24-26, 2010 (3 full days; 8am-5pm): Dr. Steve Marsden

Three topics:

- Effects of circadian clock and seasonal variations**
- Management of difficult cases**
- Updated cancer protocols**

The March advanced course was the best of the best-an intensive review of cases, and cases, and more cases. So, how do you beat the best of the rest? We have confidence that this session will do just that! We will start with an in depth look at how the daily circadian clock and yearly seasonal variations influence our patients and their diseases, and how we can utilize these tendencies to enhance our diagnostic and therapeutic protocols. The second day will be a full day of intensive scrutiny of difficult and advanced cases, allowing us to critically evaluate the diagnosis and prescription of the most effective Chinese herbal and acupuncture approaches. This is the time to answer those challenging questions with which you have been struggling! We will work through cases step by step; solidifying your knowledge and helping you become a more effective practitioner. Day 3 will entail enhanced cancer protocols and update our knowledge of the TCM approach to cancer management. All of this will be offered at our Lakeside Learning Center in the beautiful month of May. Come join us for intensive yet rewarding learning, coupled with relaxation and fun!

If postmarked 30 days prior to May 24: Seminar Fee: \$650

Lodging Fee: \$475

If postmarked within 30 days add \$100 to each fee.

Our teaching goal at the learning center: To refine your knowledge

We will move you away from a “cookbook” treatment and reacquaint you with the rich and diverse treatment protocols available to the astute TCM and Integrative practitioner. You will have the opportunity to learn new and different complementary ways to evaluate and treat your patients. By reviewing and refining your practice-based diagnostic ability according to TCM principles, you will finally understand (and be able to recall in a busy practice setting!) which herbs and acupuncture points will be effective on a given pattern or differentiation, and why. Over 95% of our students are currently using Chinese herbs on a regular basis, and seeing the positive results, in their practices!

Our beautiful, tranquil lakeside learning center provides a welcome break from the demands of daily practice. The teaching environment is warmly supportive, structured yet flexible enough to meet the needs of each student, and focused towards the realities of day-to-day practice. Our soul-enriching teaching environment includes daily Qi Gong instruction and meditation practice, healthy home-style meals, intellectually stimulating interactions with colleagues who often become lifelong friends, and abundant exercise and recreational opportunities. You will return to your practice renewed and invigorated!

Your Course Coordinator

Dr. Mona Boudreaux is a graduate of Louisiana State University’s College of Veterinary Medicine and is certified in veterinary acupuncture (IVAS) and veterinary chiropractic (AVCA). She has studied under Dr. Keshuang Zhao, one of China’s top herbalists, as well as in China and in Albuquerque under Dr. Gary Allen, O.M.D. She is active in the International Veterinary Acupuncture Society (IVAS) and is a past President of the American Academy of Veterinary Acupuncture (AAVA). Her dynamic, informative lectures on introductory and advanced veterinary Chinese herbal medicine, Chinese food therapy, acupuncture and integrative practice management have been heard nationwide. Dr. Boudreaux seeks to continually bring information to the veterinary community by organizing professional seminars on topics of interest to practitioners of complementary and integrative veterinary medicine.

Seminar:

We begin at 8:00 am in May (Noon on March 7th) with meditation or Qi Gong instruction, break for a 2 hour lunch, and generally finish around 5:00 p.m. We will provide course notes to help with your learning experience.

Lodging

You have the option of staying at one of the lakeside learning center houses on Wonder Lake, the largest private lake in Illinois. Those who elect this option will have access to a wide variety of recreational opportunities on the lake and lakeshore during non-lecture hours, three home-style meals a day, gorgeous sunrises and sunsets, and comfortable sleeping arrangements in a congenial family environment. We have a variety of boats and floats to play on (pontoon, ski boat and jet ski must be piloted by Mona). The fishing is great. A phone is available, but you'll need a phone card to make long-distance calls. Dress casually, and bring a swimsuit - we're family! Please let us know ASAP if you have any food allergies or preferences (vegetarian, vegan, etc) so that we can try to accommodate your needs.

If you are staying at the learning center and do not want to rent a car, many people share a ride to the lake house. For those of you staying at the lake house and would like to share a ride or taxi, please e-mail your flight details and cell phone number ASAP to atthherbs@aol.com, so that we can coordinate trips to the lake. If you arrive after 9pm, you will be responsible for your own transportation to Wonder Lake. Please make your flight arrangements so that you arrive at the lake house before 10pm. Please note that the recommended airport (Chicago O'Hare) is a 1 hour 15 minute drive (non-rush hour traffic) from the lake house.

If you prefer to utilize a local motel, you will still have access to the lake (during lecture hours only) and are responsible for obtaining your own meals and transportation. You will need a rental car. Local motels: McHenry Hampton Inn (815-578-1900); McHenry Super 8 (815-344-9200). Both are within 15 minutes of the learning center. Two fast-food establishments are in town, and many more restaurants within a 10-15 minute drive.

Airport

The best airport to use is Chicago O'Hare (airport code: ORD). O'Hare is much closer to the learning center than Midway airport and car rental/taxi fees will be much more reasonable. If you use a taxi, **DO NOT** get in the taxi line outside of baggage claim, as taxi prices are **NOT** standardized there. Go to the phones in the baggage claim area and call American Taxi (1-800-244-1177). They'll have a taxi there within 10-15 minutes, at a fair, standardized price, and they accept credit cards.

If you prefer to rent a car, another airport option, with less traffic and easier access, is the General Mitchell Airport (airport code MKE) in Milwaukee, Wisconsin. Please note, however, that taxi service is NOT available from this airport.

Seminar fee includes:

Course notes, all lecture and practical sessions, morning and afternoon snacks and beverages, and daily morning meditation or Qi Gong instruction.

Lodging fee includes:

We provide lodging and 3 delicious meals per day, starting the evening before the session begins and concluding the evening of the last day of class. Dormitory style lodging is 6-8 beds in each of two large, finished, comfortably-furnished and air-conditioned rooms: one in-house and one above the learning center garage. Several in-house futons are available only if needed. This package is available on a limited basis; once spaces are filled, we will refer you to an area hotel. Due to cozy quarters, you may not be a candidate for lodging if you are a light sleeper or a loud snorer. Only those lodging on the property will be provided daily meals and have access to the lake house after 6pm.

For more course information: Contact Dr. Mona Boudreaux at 815-728-7381

To enroll:

Since these courses will have very limited enrollment, it is critical that you submit your application and payment to reserve your space. We will notify you of your acceptance. Mail the application, with the fee (payable to Dr. Mona Boudreaux) to PO Box 578, Wonder Lake, IL 60097. For those of you staying at the lake house and would like to share a ride or taxi, please e-mail your flight details ASAP to: atthherbs@aol.com, so that we can help coordinate trips to the lake.

REGISTRATION FORM

Please check the course(s) for which you are enrolling

May 24-26, 2010 (3 days): Dr. Steve Marsden
TBA

Name _____ E-mail _____

Office phone _____ Fax _____ Home phone _____

Cell phone _____

Home address(Street, City, State, Zip Code) _____

Office address _____

Practice type (please check one) SA LA Mixed Equine Other
(describe) _____

Describe any prior holistic experience and any certification_(must have taken a basic Chinese herbal course for the advanced seminars) _____

State licensed in and Number (please attach copy of state license if you have not previously attended a “Learn at the Lake” course)

If staying at the lake, please note any food allergies or preferences -

I am enclosing my check or money order for \$_____ for the “seminar only” and will arrange my own hotel and meal accommodations. I understand that I will need to sign a liability waiver form not holding Dr. Mona Boudreaux, A Time To Heal, or any of their agents associated with the course liable for any injuries or accidents that may occur while at the lakeside learning center, on any boats, floats, docks, or on the lake itself.

I am enclosing my check or money order for \$_____ for the “seminar and lodging” at the lake house. I prefer to have vegetarian non-vegetarian meals. I understand that I will need to sign a liability waiver form not holding Dr. Mona Boudreaux, A Time To Heal, or any of their agents associated with the course liable for any injuries or accidents that may occur while at the lakeside learning center, on any boats, floats, docks, or on the lake itself.

Note: We reserve the right to cancel, without penalty, any session with inadequate enrollment. We will promptly notify you if we exceed enrollment limits or run out of boarding room at the lake house.